TOPPERS ADVICE

The last year's topper *Sarthak Agrawal* talks about pressure of exams and his study techniques. The bright mind talked about his schedule and shared the things he followed for his board exams preparation.

- **How to Study?**: All you require to do is follow up with your syllabus and study for an hour or two daily
- **The best time to study:** You must study whenever you are fresh and when you can concentrate better, which for him is morning and the evening
- **Stress busters:** Study must be your priority but you can't just shift gears this easy and become a bookworm. There is no need to sacrifice your leisure time and study according to your timetable
- **Battling the parental pressure:** More than students, it is the parents who put pressure on their kids. Try not to lose your concentration and stay focused
- **Try your best:** There is no need to be influenced by other things and you should try your best

His father called it 'Skating on thin ice'. But he chose to focus on the task in hand, instead of worrying about the future. The rest was history. Sarthak Aggarwal, the student of Delhi Public School in Vasant Kunj, emerged as the topper of this year's **CBSE class XII Board exams**, with 99.6 % marks in the Science stream!

Sarthak, in an interview said that **Class XII board exam** is an important juncture in every student's life, as it marks a transition from school to college. He too gave a lot of significance to these exams as he wanted to pursue a graduate degree in economics and admission to the best college would have depended entirely on his marks.

The primary reason why he has been able to achieve his goal in **Class 12**th **CBSE results**, is because of his clarity in approach that too right from the word go. Sarthak strongly suggests that everyone should decide on a career objective first, and strive hard to achieve it, and very importantly, making sure not to digress. In spite of everything, a straight line is the shortest distance between two points.

His success may have been extraordinary, still the path towards it can be summed up in the age-old adage – 'Practice makes perfect'. Though this is nothing new, but he still wanted to share it with everyone. He worked immensely hard and studied between 10 to 15 hours a day for Class 12 CBSE board exams. He got constant guidance from his parents and teachers and made sure that he learnt from every mistake.

Sarthak's main focus was to correct his shortcomings and to reinforce what he already knew. About that, his teachers worked hard and relentlessly, thus making sure that every possible error was taken into consideration.

- Another tip he wanted to share with everyone is that, the Internet is not just Facebook and Twitter. Internet has boundless opportunities for learning via interactive animations, question banks and video lectures. He made extensive use of these tools when he needed to go beyond what the books could offer. This practise gave him required knowledge in quick time and such knowledge from any other source in such a less time is practically impossible.
- Finally, Sarthak gave a last message to everyone that simply try and give your best shot, and don't think too much about the **12**th **Class results**.
- Sarthak confessed that the happiness he got from writing his 12th Class Board exams in the best possible way, was far greater than all the glitter that followed his CBSE results. According to him, if you can proudly say that you have done your best, then you are definitely a winner.
- For everyone, who wants to follow his footsteps, he shared his favourite quote-'Never calculate the height of a mountain before you climb it. When you reach the top, you will realise how low it was' – a quote by Hammarskjold. In the end Sarthak wishes everyone a great journey uphill!
- Sarthak, 12th Class topper with 99.6% marks, shares his success secrets with all!